

# Look, Feel, and Live Younger, Longer

The dōTERRA® Lifelong Vitality supplements are formulated with potent levels of essential nutrients and powerful metabolic factors for optimal health, energy, and longevity. Coupled with dōTERRA CPTG Certified Pure Therapeutic Grade® essential oils and a lifelong commitment to the dōTERRA Wellness Lifestyle, the Lifelong Vitality pack will support your exercise and wellness efforts.

#### How to Use:

Alpha CRS+®: Take 4 capsules per day, with food.

xEO Mega® or vEO Mega®: Take 4 capsules per day, with food.

Microplex VMz®: Take 4 capsules per day, with food.



These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent disease.